



# Montessori House of West Linn

## Lunch Menu

	Week 1/Week 3	Week 2/Week 4
Monday	<ul style="list-style-type: none"> <li>● Garlic rice and Ham</li> <li>● Green beans</li> <li>● Pineapple</li> </ul> 	<ul style="list-style-type: none"> <li>● Macaroni and cheese</li> <li>● Zucchini</li> <li>● Banana</li> </ul> 
Tuesday	<ul style="list-style-type: none"> <li>● Turkey sandwich, with lettuce and tomatoes</li> <li>● Oranges</li> </ul> 	<ul style="list-style-type: none"> <li>● Sun butter and jelly sandwich</li> <li>● Carrot sticks</li> <li>● Apples</li> </ul> 
Wednesday	<ul style="list-style-type: none"> <li>● Chicken nuggets</li> <li>● Corn and cucumber slices</li> <li>● Apples</li> </ul> 	<ul style="list-style-type: none"> <li>● Ham and cheese quesadilla</li> <li>● Broccoli</li> <li>● Oranges</li> </ul> 
Thursday	<ul style="list-style-type: none"> <li>● Pasta with marinara sauce and meatballs</li> <li>● Peas</li> <li>● Peaches</li> </ul> 	<ul style="list-style-type: none"> <li>● Cheese pizza</li> <li>● Carrots and cucumber slices</li> <li>● Pears</li> </ul> 
Friday	<ul style="list-style-type: none"> <li>● Grilled cheese</li> <li>● Vegetable salad</li> <li>● Banana</li> </ul> 	<ul style="list-style-type: none"> <li>● Brunch Meal – Waffles, Scramble eggs, carrot sticks</li> <li>● Berries</li> </ul> 

\*Lunch menu will repeat every two weeks

\*\*Fresh 2% milk will be served everyday with lunch. Fruits served each day may be subject to change.





# Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	• Pancakes or waffles w/ grape jelly	• Cheerios with milk	• Toast w/ butter and jam	• Vanilla yogurt and berries	• Bagels with cream cheese
PM	• Crackers and cheese	• Cheese-its and raisins	• Pretzels and sun butter	• Animal crackers and milk	• Graham crackers and cream cheese

\*Snack menu will repeat every week.

